

South Plains College
Department of Kinesiology
SYLLABUS – KINE 1120: Basketball / Volleyball

Instructor: Bart Bradshaw

Office Phone: 806.716.2478

Office: Texan Dome

Email: bbradshaw@southplainscollege.edu

Office Hours: 7:15-7:45 M/W & 7:15-8:00 T/TH

My cell number is 806-543-9277 if you need to call me for any reason

Course Description: Basketball / Volleyball is an introductory course for students interested in learning to play basketball and volleyball. Topics include the basic history of the sport, rules and their interpretations, floor skills and drills, and court positioning. The course will cover each sport for half a semester.

Prerequisite: None

Credit: 1 Lecture: 0 Lab: 2

Textbook: None

Supplies: Athletic apparel and non-marking athletic shoes.

This course partially satisfies a Core Curriculum Requirement: No

Core Curriculum Objectives addressed: None

60% - Attendance and Participation (Each absence after the 1st counts 2 points and a non-participation counts 1 point off the attendance grade. Arriving late may count points off as well.)

A- 100 – 89.5, B- 89.4 – 79.5 C- 79.4 – 69.5, D- 69.4 – 59.5, F- 59.4 – 0

Attendance Policy: See the South Plains College General Catalog for class attendance and excessive absences. An individual may be dropped on the 5th absence.

Daily Activity

Week 1/Day 1:	Check roll, Syllabus, Discuss class, Grading and Attendance
Week 1/Day 2:	Recap Day 1, Tour facility, Introduce stretches, Issue lockers
Week 2/Day 3:	Stretch, laps, explain court markings and rules of Basketball
Week 2/Day 4:	Stretch, laps, explain drills, follow through and wrist action
Week 3/Day 5:	Stretch, laps, drills, team drills, play ½ court
Week 3/Day 6:	Stretch, laps, drills, team drills, play ½ court
Week 4/Day 7:	Stretch, laps, drills, team drills, play ½ court
Week 4/Day 8:	Stretch, laps, drills, play full court
Week 5/Day 9:	Stretch, laps, drills, play full court
Week 5/Day 1:	Stretch, Laps, drills, play full court
Week 6/Day 11:	Stretch, Laps, drills, play full court

Week 6/Day 12:	Stretch, Laps, drills, play full court
Week 7/Day 13:	Stretch, Laps, drills, play full court
Week 7/Day 14:	Stretch, Laps, drills, shooting contest
Week 8/Day 15:	Stretch, Laps, drills, free choice – 3 on 3, Horse, 21, Tip
Week 8/Day 16:	Stretch, Laps, drills, play full court
Week 9/Day 17:	Stretch, Laps, explain court markings and rules of Volleyball
Week 9/Day 18:	Stretch, Laps, drills – bump, setting
Week 10/Day 19:	Stretch, Laps, drills – bump, setting, spikes and serving
Week 10/Day 20:	Stretch, Laps, drills – bump, setting, spikes and serving
Week 10/Day 21:	Stretch, Laps, drills – bump, setting, spikes and team drills
Week 10/Day 22:	Stretch, Laps, Play (rally scoring)
Week 12/Day 23:	Stretch, Laps, Play
Week 12/Day 24:	Stretch, Laps, Play
Week 13/Day 25:	Stretch, Laps, Play
Week 13/Day 26:	Stretch, Laps, Play
Week 14/Day 27:	Stretch, Laps, Play (traditional scoring)
Week 14/Day 28:	Stretch, Laps, Play
Week 15/Day 29:	Stretch, Laps, Play
Week 15/Day 30:	Play, Final Review
Week 16/Day 31:	Final Exam

You can find the most current SPC statements regarding Intellectual Exchange, Disabilities, Nondiscrimination, Title IX Pregnancy Accommodations C.A.R.E., and Campus Concealed Carry at this link:
<https://www.southplainscollege.edu/syllabusstatements/>